



## 10 KM - FEMALE

Rnk	Lastname - firstname	Nat	Bib	Gal	Time	Aver.	Club
1	SÖDERGREN Sandra		#008	9	00:37:42	3'46	FIF Gnistan
2	KRISTIANSSON Frida		#048	10	00:38:18	3'50	ÖIS Friidrott
3	ÅKESSON Jannike		#012	19	00:42:24	4'14	TEAM Blekinge
4	SKAGERT Ulrica		#013	20	00:42:26	4'15	TEAM Blekinge
5	SANDBERG Matilda		#029	23	00:42:57	4'18	Ryssbergets IK
6	STARK Karolina		#043	32	00:46:10	4'37	Karlshamn
7	PERSSON Anna		#025	33	00:46:40	4'40	Pantern Running Club
8	LYCKESTAM Malin		#001	35	00:48:36	4'52	Glimåkra
9	INGEMANSSON Sussanne		#027	37	00:50:24	5'02	Ryssbergets IK
10	PETERSSON Malin		#049	38	00:51:48	5'11	Stigmännan OK
11	LINDQUIST Ann-Margret		#022	39	00:53:35	5'21	Sösdala
12	LUNDIN STENBERG Anna		#044	40	00:54:37	5'28	Arkelstorp
13	PERSSON Sophie		#007	42	01:00:40	6'04	Simrishamn

## 10 KM - MALE

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1	MEIJER Olle		#026	1	00:33:49	3'23	MAI
2	KUMLIN John		#019	2	00:33:52	3'23	IK Ymer
3	SELLMAN Krister		#047	3	00:34:00	3'24	Tonghest Ambassadors
4	MALMROS Henrik		#020	4	00:36:28	3'39	Karlshamns Triathlon
5	PORSHULT Jonas		#036	5	00:36:36	3'40	TEAM Blekinge
6	SONANDER TORD		#041	6	00:36:59	3'42	Pan Kristianstad
7	LARSSON Leif		#031	7	00:37:22	3'44	Vittsjö GIK
8	HALLENSTÅL Joel		#023	8	00:37:36	3'46	Norreskog





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9	SÄLLMAN Henrik		#038	11	00:38:29	3'51	Heleneholms Tri TEAM
10	JOHANSSON Kalle		#021	12	00:38:35	3'51	Umara Sports Club
11	JÖNSSON Jonas		#028	13	00:38:46	3'53	Hässleholm Freeflow AC
12	PERSSON Albin		#016	14	00:39:47	3'59	Ryssbergets IK
13	GUNNARSSON Pelle		#014	15	00:40:27	4'03	TEAM Blekinge
14	PETTERSSON Anders		#035	16	00:41:31	4'09	HS Konsult Syd AB
15	ÅKESSON Åke		#037	17	00:42:04	4'12	Coach K Runner
16	ESPMARKER Ronny		#045	18	00:42:22	4'14	Swetec
17	HEIMAN Mathias		#003	21	00:42:32	4'15	Asarum
18	THÖRN NIKLAS		#042	22	00:42:48	4'17	Kyrkhults SK
19	ERICSSON Marcus		#009	24	00:43:00	4'18	Broby
20	OLSSON Mats		#046	25	00:43:20	4'20	Salsjögänget MK
21	OLSSON Ingemar		#034	26	00:43:30	4'21	Ryssbergets IK
22	THELL Anders		#050	27	00:43:32	4'21	Kristianstad
23	SZYMASKO ROGER		#032	28	00:43:44	4'22	Åhus
24	HERMAN Magnus		#005	29	00:44:49	4'29	Önnestad
25	ASTRÉN Mikael		#051	30	00:45:46	4'35	Ryssbergets IK
26	LUCZI Gabor		#010	31	00:46:05	4'36	Odjuret
27	SANDÉN Sune		#024	34	00:47:23	4'44	Sösdala
28	SVENSSON Marcus		#052	36	00:48:55	4'53	Skegrie BK
29	HAGLUND Olle		#017	41	00:57:53	5'47	HS Konsult Syd AB
30	JOHANSSON Åke		#011	43	01:03:59	6'24	TEAM Blekinge
31	EKSTRÖM Bo		#030	44	01:06:56	6'42	TEAM Blekinge
32	NILSSON Olle		#015	45	01:08:05	6'48	Ryssbergets IK
33	OLAUSSON LARS-GÖRAN		#039	46	01:08:52	6'53	TEAM Blekinge



